

"Some people talk to animals. Not many listen though. That's the problem" A.A Milne, Winnie-the-Pooh

Happy Thanksgiving and thanks to all! It is the time to celebrate good harvest, family and friends, good health, and joy. Time to give thanks for our gifts and how we can be of help with those strengths! A healthy treat for your pets is called for, and of course hugs of gratitude for their unconditional love.

**EVENTS AND MY NEWS FLASHES**

**"FUR SHUI®"**

"Fur Shui"® An Introduction to Animal Feng Shui.

Fur Shui has been busy "traveling", wandering about the SoCal country side, and visiting Hawaii, the big island! Now in paperback large format and in Kindle. You can go to my site at [www.furshui.com](http://www.furshui.com) and purchase by link. Check out its travels at: <http://furshui.blogspot.com/>



*Fur Shui enjoys Hapuaana Beach, Hawaii*



*Correction on last news sheet. Nobel is the 2nd shop cat now!..Shop partner Joy of Kona Stories checks out the new Fur Shui... I re-unite with Shadow one of two (NOBLE is the 2nd kitty) shop and book "guards" at the shop in Kona, HA (Keauhou Shopping Center)*

**WHERE?**

Recently traveled to Hawaii to attend a Huna class. Love being on the big island again and got to swim with the dolphins and experience their joy and friendship. The folks at Sunlight on Water: <http://sunlightonwater.com/> bring you into the wild Spinner Dolphin's environment to swim and communicate with them! All done with great respect and joy. Had a mother dolphin and her baby invite me to swim and have a nice morning experiencing their family or pod and their way of being. Was wonderful to learn the healing art of Huna, the true meaning of Aloha and bring this back home to create more love and good for all I have the opportunity to help and serve. Can't wait to return! The first principle of Huna is "Ike"...the world is as you think it is." Your thoughts make the holidays! ...breath deep, no stress and you will have a calm and loving holiday season!



*From Kilauea Crater, the lava flow to the South, Hapuaana beach to under the sea! Aloha to the big Island!!*

All information to be used only (©) in this News Sheet, please contact Paula Brown @ [paula@animalhearttalk.com](mailto:paula@animalhearttalk.com) with any requests.

**WHO, HOW AND WHAT?**

**Good Harvest "things".**

It's that holiday time of year again! I am grateful for so many things and people that have come into my life this year...going to give some good things and links to you to get your holidays going in good ways!

Shop small local shops on November 30th. For all local to LA: I talk and teach at Aum & Garden in Sherman Oaks:

<http://aumandgarden.com/> This is a great place for small and big gifts...and art. I have some of my "Art of Energy" work there up for sale (Feng Shui art pieces to amp up your home's energy!) They are holding a holiday open house on Dec. 7th



Again, Kona Stories in Hawaii has wonderful and unusual items for all your Christmas lists...they ship and have interesting books and items about the islands, great story telling books for all ages. They have local Hawaiian made cloth, sarongs and men's shirts...really cool. I love the tropical "go fish" card decks (features tropical salt water fish to pair up and learn before you go snorkeling!), great for stocking stuffing! Love this shop, check it out at (Great Christmas gifts!): <http://www.konastories.com/>

Here is a link to "Hay House World Summit" holiday gift guide...some pretty great gifts between \$1. and under \$5. Good reads and cds: <http://bit.ly/1evjcfG>

Another GREAT and useful thing for the holiday is to invest in a survival kit for your pooch...or CPR class for them. Check out the offerings at Denise Fleck's Sunny Dog Inc. She has a great children's book and of course her life saving first aid kit: <http://www.sunnydogink.com/>

**Natural things for calmer holidays.**

Ho, ho, ho. It is the season for lots of change...schedules, visitors, new foods, happenings. For Fur Folks this is a bit "much". A good flower essence to think of during the holidays for calming for YOU and your pet is *Rescue Remedy (Called Five Flower Essence with FES)*. Keep this on hand, in purse, in car to use when you are feeling a bit over stressed or anxious. For animals please dilute (I can send you the formula if you write in and ask!)

Winter flea control...naturally! This was found in an EPA paper recently by Dr. Andrew Jones, DVM: Limonene is a naturally occurring chemical which is used in many food products, soaps and perfumes for its lemon-like flavor and odor. Limonene also is a registered active ingredient in 15 pesticide products used as insecticides, insect repellents, and dog and cat repellents. Limonene is applied by hand as needed, both indoors and outdoors. Use practice limitations include a label prohibition against use on weanling kittens and a caution against use of undiluted product.

Easy-to-make flea bath:

One lemon, Water, A spray bottle, sponge or pet brush

What You Do:

1. Bring a pot of water to a boil. Then, remove from heat.
2. Add a sliced lemon to the pot, and allow it to steep overnight.
3. Apply the resulting liquid to your pet with a spray bottle, sponge or brush.
4. Repeat daily or as needed.

*Why This Works: Lemons contain limonene, a chemical that kills and repels fleas.*

Thanks for reading...if you wish to not receive;e-mail me at: [paula@furshui.com](mailto:paula@furshui.com) and ask to "unsubscribe"