

"In seed time learn, in harvest teach, in winter enjoy." William Blake

December 21, the shortest day, the longest night is the Winter Solstice...in poetry: "the dark night of the soul". Spring the new spark of hope, birth of the new "Sun" or son, the Light of the World. Put on the Yule log, rest comfy beside the warm fires of all of our hearts and look forward to longer days after!

EVENTS AND MY NEWS FLASHES

MY NEW WEBSITE IS UP AND RUNNING!

Take a look at my updated site at: www.animalhearttalk.com
 Now enjoy my blog entries, send in your ideas and questions for future blog. And, I now am set up to take paypal / credit payments. Enjoy the new site! In a couple of months this site will be linked to a new business...stay tuned!



WHERE?

Having a good time decorating the house and patio...and received this great "shot" of how cats have decorated "home". Thanks Janet for sending me "Merry Catmus"!

Recently I have found some inspirational words coming to me about putting "balance" in my life. To get some fun and joy into everyday! Here's a tip from Rob Breznsney's "Promoia Is the Antidote for Paranoia".



"When he's in his prime, a male panda performs an average of eight handstands a day. There's no apparent evolutionary purpose in this stunt. Maybe he does it because it feels good.

Make him your role model. Identify three activities you can do not because they're "good for you" or because they'll advance some goal you're pursuing, but simply for the sheer fun of it."

I recently put my pledge "to make the world a better place" with Aloha International (<http://www.huna.org>) with the practice of "Aloha" and Huna. One of the principles of Huna is "Aloha" which meaning is: "To love is the be happy with someone or something, and to love is to help someone or something. You can change your world by increasing love." I am docent now with the Ballona Creek Wetlands, introducing grade school children to the environment of which I do love. All sorts of birds, nature, sea life wanting to be "heard"!

Juvenile Cormorants in trees alongside Ballona Creek, Marina del Rey, CA. Great Egret stalking food alongside Ballona Creek. The kids love to watch the birds and vice versa!



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WHO, HOW AND WHAT?

Festive times, tradition, and holiday fun!

A happy holiday to you all! In ancient times, fire ceremonies celebrated the rebirth of the Sun held on the Winter's Solstice. Boughs of evergreens and bushes decorated homes, gifts were exchanged and business suspended. In Sweden, December 13th was sacred to the Goddess Lucina (Shining One), and was a celebration of the return of the light. On Yule itself (the Winter Solstice) bonfires were lit to honor Odin and Thor. With Christian belief, it is indeed the birth of Christ, the Son. The Yule log's origin comes from these bonfires to celebrate life, light, creation, and seed a new spark of hope!

The Yule Candle

Historically the Yule Candle was a large ornamental candle used in Britain, Ireland and Scandinavia. It could be red, green or blue and was decorated with branches of holly or evergreen. Lit on Christmas Eve, shining its light on supper festival, left to burn through the night into Christmas morning and throughout the day. For 12 nights after it was relit each night of the Twelve Night Festival, and finally extinguished the 12th night. The belief that burning the candle shed blessings on the household and quite unlucky for it to be blown out early. I invite you to start your own tradition of bringing light to your life and home during this special time!

Some really fun links for the Holidays!

OK, so we are all taking a "pause" for a bit...now to have some fun. Check out this wonderful light show decorated house. The owner is a computer "geek" and is now hiring off duty police to regulate traffic by his home!
<http://www.flixxy.com/best-christmas-lights-display.htm>

On the Jaqueline Lawson gift card website she has created two interactive Advent Calendars...well worth the download or sending a friend a gift. It is both beautiful and fun! (I have the Alpine Village!) <https://www.jacquielawson.com/advent>

New discovery: Just in time for New Year gifting? Right down the street from me is "INDY PLUSH" ...in their words "The farm just got cool." I love these felt stuffed animals...and they are 100% committed to US Made, environment: sustainable materials, and their mission is to educate both adults and children, to please, educate and entertain! Their baby Mountain Gorilla is connected to the Dian Fossey Gorilla Fund! So cool!!!! <https://www.indyplush.com> Tell Plinio Garcia that "Paula sent you!"

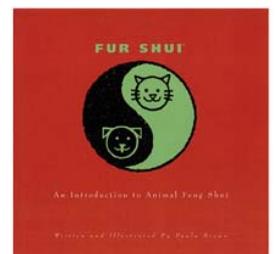
The "GRINCH" strikes!

During a Works & Wine event recently at "Kona Stories" in Hawaii...the Grinch made off with the stuffed full of donations holiday box for AdvoCATS...how awful. Brenda and Joy, plus Shadow and Noble the cats, are so disappointed. If you want to contribute to the charity they have donated to for 7 years feeding and caring for cats...please use this link to AdvoCATSHawaii: <http://www.advocatshawaii.org/> In the Islands, there is so much need to help homeless and abandoned cats.

"FUR SHUI"®

"Fur Shui"® An Introduction to Animal Feng Shui.

Fur Shui is now in larger format and Kindle!
 All decked for the holidays...makes a great gift book! Now in paperback large format and in Kindle. You can go to my site at www.furshui.com and purchase by link.



Thanks for reading...if you wish to not receive;e-mail me at: paula@furshui.com and ask to "unsubscribe"