

"If you want something in your life you've never had, you'll have to do something, you've never done." *JD Houston*

Getting "Speak" out now with the "something new" I am doing! Want to announce my "Chi-Lightful" new path with this Memorial weekend! Combining animal communications, my feng shui, and my visual story boarding / journaling. Experience this new summer beginnings...new memories, love, joy!

EVENTS AND MY NEWS FLASHES

CHI·LIGHTFUL

My new path offers new blog articles, new insights for finding FLOW for fur and non fur folks! Find out at: www.chilightful.com
 I WOULD LIKE YOUR "LIKES"! SPECIAL INCENTIVE!
 Would love to introduce you to my two new Facebook pages...the first 15 to "like" both will receive a complimentary quick remote Chakra read for one pet! I am grateful for your support and participation in my new business. Just send me an email at: paula@chilightful.com AFTER you have "liked" both pages...then I can respond to you!
www.facebook.com/ChiLightful
www.facebook.com/TheHeartofConversation

NEW CLASS: **The Gratitude Circle**. Offered to folks in and around Los Angeles in two locations, the "Valley" at Aum & Garden, and the "Westside" in Marina del Rey, CA. Here are some details:

PRACTICE THE ATTITUDE OF GRATITUDE

Come to the Gratitude Circle; enrich your life, increase your joy, NOW.

Offered in the Valley at Aum & Garden.

The Gratitude Circle @ Aum & Garden

<http://aumandgarden.com/>

June 14, Saturday, 1PM - 2PM: Theme: "There are no limits"

June 29, Sunday, 12PM - 1PM: Theme: "Energy flows where attention goes"

Fee: \$15. must pre-pay and register: CALL or EMAIL: 310.621.8512
paula@chilightful.com



WHERE?



Spring Hills in San Simeon! My pastel!

Check out the facts at: <http://www.elephantseal.org/>

And, see where to "go for a hike" at: <http://www.hikespeak.com/trails/cambria-moonstone-beach-boardwalk/>

Happy summer vacation planning to all!

Launched my site: www.chilightful.com then headed out for a bit of a holiday up to the Central Coast of CA to Cambria!

Did "art", walked on Moonstone Beach, went to see the Elephant Seals and their pups, had a lovely time! The Piedras Blancas rookery, on Highway 1 seven miles north of San Simeon on the California Central Coast, is home to about 17,000 animals.

WHO, HOW AND WHAT?

Memorial Day "notes"!

This is the weekend when we honor all the men and women who have served our country, protected us all, kept us strong, and gave their time and being with honor and grace so we can all have joy and freedom. I give my gratitude to my Father, and all who served this country with grace.

There are also many animals from carrier pigeons, dogs, horses, dolphins, you name it, the fur and animal population also served throughout time and NOW! For those souls of unconditional love and service I am amazed at their talent. Wayne Pascelle's ASPCA blog has a great article on the Veterans Dog Training Therapy Act that is being considered by Congress. If passed, this Act would provide training for dogs in service roles for Vets that are suffering from PTSD, mental health conditions, and physical disabilities.

Go to his blog at: <http://hsus.typepad.com/wayne/2011/05/veterans-and-dogs.html>

Between Memorial Day and July 4, for every 5,000 "likes" registered on its Facebook community page, Dog Bless You (<https://www.facebook.com/explore-dogs>) will provide the resources needed to fund a service dog to help our veterans.

You can help by "liking" the Dog Bless You Facebook community page: <https://www.facebook.com/exploredogs> a site for photos, videos, and personal stories about animals.

Go do it!

Do your own pet "memorial"!

It is so very important to remember that ALL of our animals give service to us constantly. Be they in the physical or crossed over...why not honor them, their memory by doing something special to mark this Memorial Day.

Get creative, name a star after your pet (<http://www.star-registration.com> I like the idea of their bright light shining down on all), give to an animal rescue, shelter, in your pet's name. For those in the physical...be confident in emergency situations by enrolling in a pet CPR class and having a pet emergency kit always handy. For those of you in the greater LA area...a good resource for classes is Denise Fleck of Sunny-Dog Ink: <http://www.sunnydogink.com/> Last month was National Pet First Aid Awareness Month...and her Emergency First Aid kits are just super: <http://sunnydogink.com/products/pet-first-aid-kits.html>.



My wonderful cat sitter Christy is a scrap booker...she has won honors, awards, with her art. She gifted me a framed collage with Makana cat's image and "personality". I just cherish this SO MUCH. Thank you Christy for the heart warming art that keeps my memories growing with Mak the cat!

My newest "star" Welcome to "Rumi"!

My new little one is a rescue who was found in a



parking lot with his two brothers. Rumi is a red tiger cat (and a very OLD soul)! He is now eating well, and doing kitten things. Adopt, spay and neuter!

Be sure to check out the 2nd release of Fur Shui now in larger format and Kindle!

To purchase, click the green dot: www.furshui.com