

“Everything good, everything magical happens between the months of June and August.”

Jenny Han

Welcome to Summer, the Solstice, picnics, hikes, and retreats! Pets need shade, cool temps, and water. Beware of ticks in the tall grass, and too hot of pavement under paws. I am starting a 40 minute Facebook Live “Animal Talk” Q&A / Tips session: 3rd Thursday of each month at 7PM: <https://www.facebook.com/TheHeartofConversation/>

EVENTS AND MY NEWS FLASHES

Ojai valley is a great retreat for both fur and non fur folks! Recently met to have lunch with my client Robin (and her dog Marshall too!) to talk and give her a pet portrait of Marshall! Inviting you up to Ojai, come and take part and record your “heart-scape” with one of my sketch crawls! Sign up: <https://www.airbnb.com/experiences/303374>

Fur Shui’s 2nd release: Larger format and Kindle. To purchase: [Fur Shui](#)

WHERE?

Where will I be in October? ONLINE! Offering an online Animal Communications Course soon. The basic hows, whys, whats...so let me know if you are interested, pop me a note: paula@animalhearttalk.com

HOW CAN YOU HELP YOUR PETS? You help your pet by balancing yourself, finding your self confidence, worth, “magic”. It is great to do deep “self work”! My friend Deborah Kagan of “Rock Your Mojo” is having her last live Women’s Weekend in October. I attended her first and strongly suggest if in LA, please GO!!! I can offer you all a special code to go that will save you lots of dough: www.RockYourMojoWomensWeekend.com

Use code: **PAULA** at checkout for \$400 off the ticket

I rarely refer workshops. Now, most all of my reads reveal strong connection from animals to their persons’ needs, heal yourself, help heal your animal!



Got to Essence Sketch AND meet Marshall in person in Ojai, thanks Robin!!!

WHO, HOW, AND WHAT?

Happy Solstice June 21, 2019: longest and shortest day of the year! Summer’s longest day here in the Northern Hemisphere and the shortest day in the Southern. Celebration of light, the stone calendar (to plan planting of crops, harvests), and new beginnings is at Stonehenge, Wiltshire, England. Solstice celebrations include flower and ribbon May Poles in Scandinavia. In China, the feminine or “Yin” (respecting Earth) is noted at Solstice. Bonfires and feasts mark this day for France, Celtic, Slavic, and German communities. Observe this day with special time in nature, take a hike, talk to and be aware of your pet!

Some ideas for Dog Aggressive Behavior: Read my blog post for insights on fear behavior: <https://bit.ly/2YYJfz0>

Tips for summer!

Tick removal from your dog (and you too!) A “how to” from the American Kennel club: <https://www.akc.org/expert-advice/health/how-to-remove-tick-from-dog/>

10 Hot Weather Horse Care tips: From “The Horse”, Cooling down tips for your Horse: <https://thehorse.com/117663/10-hot-weather-horse-care-tips/>

Cool your cat this summer tips from Blue Cross: Wet towels to ice cube “toys”: <https://www.bluecross.org.uk/pet-advice/top-tips-keeping-your-cat-cool-summer>

“Dog Days of Summer”; Canine Cool from “Rover.com”: <https://www.rover.com/blog/hot-weather-dogs/>

Cooling summer foods for dogs from “Dogs Naturally”: <https://bit.ly/2QGE9xr>

Flower Essences to help make summer travel easier (<http://www.fesflowers.com/>): Custom Essence Need Reads for summer shifts. My email: paula@animalhearttalk.com
Vacations: Traveling challenges can be soothed by Rescue Remedy, Walnut, Honeysuckle.



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