

“The purpose of life is a life of purpose.” Robert Byrne

Happy Leap Year! Originated by Julius Caesar over 2,000 years ago we add an extra day Leap Day, Feb 29 to make the calendar “stable”. **Leap into getting a great offer during my Facebook live tonight at 6PM: <https://www.facebook.com/TheHeartofConversation/>** If you miss the live offer, email me at: paula@animalhearttalk.com

EVENTS AND MY NEWS FLASHES

Busy times! My **NEW** online Animal Communications class “Fur Folk Talk” ...will be starting March / April! *This is MORE than a communications class. When you “find your pet’s heart, you find your own”! Includes journeys to relaxation exercises you can use every day in life and business.* There will be 9 Zoom meetings where the “basics” will be covered in an easy, fun manner. This class is high interactive and touch! First 5 will get a great “bonus”. Want to sign up now? Just go to my landing page at: www.furfolktalk.com

Check out Fur Shui’s 2nd release: Larger format and Kindle. To purchase: [Fur Shui](#)

WHERE?

Been busy with my first Fur Folk Talk online class. Was such fun, and all participants made connection to both fur folks and THEMSELVES! In my spare time I have continued to do some oil plien air painting out in the great outdoors North of Ojai in Carpinteria and Santa Barbara. I am teaching two classes in the spring at the Carpinteria Art Center (look for my class in April and May...pastels and sketch journals: <https://carpinteriaartscenter.org/pro/w>



Seaside Gardens on left, Carpinteria Marsh Wetlands on right. Both painted onsite in Carpinteria

All information to be used only (©) in this News sheet, contact me: paula@animalhearttalk.com with any requests

Fur Folk Talk
with Paula Brown, Animal Communicator / Heartist
My 9 week online beginner Animal Communications online class: sign up: www.furfolktalk.com

WHO, HOW, AND WHAT?

Leap into the year! Two fun traditions for this Leap Day: *A day where women can propose marriage to men* (hey, these days that could be any day!).

An old Irish legend where St. Brigid made a deal with St. Patrick for this role reversal. *12 Glove day: Bachelor’s Day (European tradition)!* If a man refuses a woman’s marriage proposal on Leap Day he pays a penalty to the woman for non-marriage, as the wedding dress, or 12 pairs of gloves! The woman wears the gloves to hide embarrassment of “no wedding ring”.

Warm up homes for cold homeless cats!

Help homeless fur folks in winter! One of my friends really helps out with some shelter ideas for feral cats in NY, USA! Thanks Pat for your love and care. Here’s her home building tips! *“I used foil insulation from Lowes which comes in a roll and is much easier to use than styrofoam and provides very good insulation. I cut two holes (one main entrance and another “escape hatch” if a raccoon or another aggressive feral tries to get in) between 6-8” wide (most sources say 6” but we have some really large ferals around here. Then fill the tub with straw. The cats will press down the straw and make a little nesting area for themselves. The tubs I used aren’t an ideal height as they need to fit under my deck but it should be high enough for a cat to stand and turn around say 18H” (mine are 14”H).”*



Flower Essence tips for Beginning of Spring: It’s around the corner...so, according to Chinese “timing”...fur folk’s livers are waking up! A good time to check out skin irritations (look for ticks too!), calming the itch cycle with Yarrow and a touch of Crab Apple for loop behavior! Call me for custom Essence reads! Please dilute Essences for your pet...email me for directions: paula@animalhearttalk.com

Thanks for reading, if you wish to unsubscribe, mail your request to me at: paula@animalhearttalk.com