

"Happy lunar new year. I hope that good fortune follows you wherever you go." Anon

The Chinese Lunar New Year of the Metal Ox starting Feb. 12, ushers in new bold and strong energy for all of us. Get into this Spring Celebration, find your focus, ask for abundance, it's time for letting go of the old and embracing new positive thoughts and actions! Gung Hay Fat Choy!

### EVENTS AND MY NEWS FLASHES

#### Cupid's arrow hits the mark on Feb. 14...and all days when it comes to Critter Love!

Still time left to share hugs with gifts from the Heart...Critter Art. Check out my Etsy shop: <https://www.etsy.com/shop/AnimalCritterArt>



Check out *Fur Shui's 2nd release:* Happy Valentine's Day...send some Critter Hugs and Hearts! Larger format and Kindle. To purchase: *Fur Shui*

#### CHINESE NEW YEAR OF THE METAL OX MINI WORKSHOP

*Harness the positive power of the new year of the Ox!* I am a Feng Shui Black Hat practitioner and am celebrating by giving "OX" tips, feng shui, wealth meditation, support for letting go of past year's "demons" and move on with the dreams for 2021, and "OX" magic too. This workshop is timed so you can catch the "wave" of prosperity and luck of the Lunar New Year events which begin on Feb. 12 and conclude on Feb. 26.

#### Gung Hay Fat Choy!

Some items included in this class (and much more):

- What to look for, colors to wear, and how to best use the new Ox Energy.
- Simple Feng Shui rituals and tips esp. for this new year.
- mp3 recording of meditation to bless your home with abundance for 2021!!

Class offering: Refresh, Renew, Resolve, Shift into the Year of the Ox!

Date: Saturday February 20

Time: 10AM to 12 noon Pacific time

Fee: \$33. ("6" is a very lucky 2021 number)

Find out details and sign up: [www.furfolktalk.com](http://www.furfolktalk.com)

#### WHERE? (Can you share your love!)

Showing charity and gratitude during this Lunar New Year brings great luck and good fortune for both the giver and the receiver...as is being thankful creates good all year long too.

Wanting to share some great fur folk causes, charities, activists, that have been brought up in my Fur Folk Soul Stories Facebook group. Be sure to send me your favorites for future!

MY CHARITIES: My favorite fur love charity is *Best Friends in Utah*. Check out what they do. Kind, full of love, no kill advocate and adoption activist and sanctuary: <https://bestfriends.org/>

**Close to my "hood":** *Search Dog Foundation* based in Santa Paula, California. "Their mission is to strengthen disaster response in America by rescuing and recruiting dogs and partnering them with firefighters and other first responders to find people buried alive in the wreckage of disasters." <https://searchdogfoundation.org/>

**FRIENDS CHARITIES:** *Kitten Rescue* is Pam Allison's cause which she both fosters and finds home for cats and kittens in need. If in LA area, contribute or adopt a friendly and loved feline: [www.kittenrescue.org](http://www.kittenrescue.org) To quote Pat: "It's one of the largest cat rescues in LA. One of the favorite things we did recently is that we cleared the East Valley shelter of all adoptable cats (44 of them)."

**The Secretariat Center at Kentucky Horse Park** is one of two favorite horse charities for Pamela Louise. This charity has very high quality ex-race horses for adoption. She says: "It is where I adopted my baby horse Cappy." <https://www.secretariatcenter.org/>

Her second favorite for horses is: *Thoroughbred Retirement Foundation* Quoting her: "They take in ex-race horses with serious injuries that can't be ridden anymore, and they train prison inmates in a new career in horse care. I donated a horse there many years ago, and he lived another 4+ years with excellent care from the inmates in their Kentucky location." <https://www.trfinc.org/>

Jennifer Yearick shared her heart love rescue agency: *Second Chance Movement* on the [lheartdogs.com](http://lheartdogs.com) website gives rescue flights for dogs and cats in overcrowded kill shelters transferring them no kill shelters in other states. She mentions: "Purchasing goods on their website supports their efforts! Here's another link: <https://bit.ly/2YQDpLI>

Gina McGrath's favorite charities are *Best Friends Animal Sanctuary* (mine too!), *Animals Asia* <https://www.animalsasia.org>, and *Rancho Coastal Humane Society* (a place where I used to volunteer / speak) <https://rchumanesociety.org/>

Give your time, donations, good words, whatever you can to help your favorite charity!

#### WHO, HOW, AND WHAT?

#### The Chinese New Year of the Metal Ox February 12 - February 26 (From New Moon to Full Moon)

*Want to find positive new beginnings using bold determination and calm clarity? Start this year with some "Ox" power!* Jump into and join in with the positive energy celebrated by the Asian and non Asian world in preparing, refreshing, cleaning up, and inviting abundance into life and home. Time to let go of last year and what was not "working" in community, health and wealth...and dream with and act on moving forward with the strong Ox. I want to share with you some Lunar New Year Tips for beginning and celebrating this bold new year. AND, you will find more auspicious activities, meditations, Feng Shui tips, in my workshop on Feb. 20!

#### Lucky plants and flowers for Lunar New Year

**Peonies:** This is the national flower of China, and brings peace, richness, honor and prosperity. A well-known "wealth" flower, it is perfect for Chinese New Year display.

**Bamboo:** Be it "straight" or curly (called Lucky Bamboo), bamboo is a symbol of good luck and prosperity. Decorate with red ribbon for New Year festivities and expect good luck to come into your home.

**My favorite Lucky food to eat for Lunar New Year**

**Oranges or Tangerines:** Due to their pronunciation and "writing" (Chinese characters) eating and displaying tangerines and oranges bring fortune and good luck. I usually have a big bowl of oranges in the middle of my dining table. AND, winter Vitamin C brings health!

#### Gifting and Gratitude for Lunar New Year

**Traditional Red Envelope gifts:** All during this Spring Celebration "Red Envelope" gifts are given and received by family, business, friends. Place this gift of cash that comes inside these red envelopes in the wealth sector of your home to bless and bring in more!

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**Be sure to join in my workshop to capture some know how on what will be auspicious to do, wear, communicate, and welcome into your life and home during the time between the New Moon up to the Full Moon romantic Lantern Festival! Feed yourself with good food, good words and works, and good luck this new year. (A 2nd chance ring in the new year)**

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#### WISHING YOU ALL A LOVE FILLED VALENTINE'S DAY, AND A NEW YEAR GRACED WITH PROSPERITY, GOOD HEALTH, WEALTH AND JOY!

Tell me about you and your fur folk's "story"! Join my Fur Folk Soul Stories Facebook group.

Please join the talk, and love for all things "nature"...what's your "story"? Go to: <https://www.facebook.com/groups/576338039691377/> (Answer all 3 questions to join!)

Love is all you need and our fur loves give us comfort, smiles and inspiration for all of our days together. Be sure to tell your pet how you feel, help them know how they are in your heart forever. Let me know how I can help you know what your love needs, desires, and is teaching you. Give yourself and your fur folk the gift of heart to heart communication.

Email me at [paula@animalhearttalk.com](mailto:paula@animalhearttalk.com) and get some soul talk happening!

Check out the love gifts in my Etsy Shop...no calories, doesn't wilt, "no contact" shopping, purrfect!

<https://www.etsy.com/shop/AnimalCritterArt>

