

“Gratitude is a powerful catalyst for happiness.  
It’s the spark that lights a fire of joy in your soul.” *Amy Collette*

“Speak” has been pre-occupied with selling a home, moving cross country and into a new home. This is a quick “re-hello” from me, my two cats! Sending you all my deep gratitude for your support, loyalty, and good wishes. You all are my spark that lights my fire of soul joy of talking, healing, and bringing knowing to you and your pet. Big Thanksgiving thanks!

## EVENTS AND MY NEWS FLASHES



My new “hood” is full of conservancy strolls, and a show of bright fall colors!

Now happily settled in Wilmington, DE. Been a journey filled with challenges, miracles, discovery, enjoyment of the beautiful Fall season.

Yes, I am continuing my animal communications, healings, nature whispering, finding the essence of soul in all.

Giving you some holiday “cheer”, special on reads, and save the date for my upcoming year of the Rabbit class!

Discover the joyful spark of YOU and your home environment by moving some energy or “chi” with Feng Shui: **Check out Fur Shui’s 2nd release: Larger format and Kindle. To purchase: Fur Shui**

## WHERE?



Rumi traveled well along with his favorite blanket, and Makana sure helped with all the packing.

## WHERE?

### My big journey East!

Cheery greeting from my new home above the Brandywine River / Park in Wilmington, DE. Tons of great nature paths, walks, conservancies, and warm community.

My two cats Rumi and Makana (and me!) drove x-country...what a trip! The most important thing for any pet is to know prior to journey (at least 2 weeks in advance of change) and “talking” with them during journey, telling them what to expect, where you are going each day, and how they are SAFE. Safety for them during change is KEY! And, how they will be in a new home, safe and sound soon.

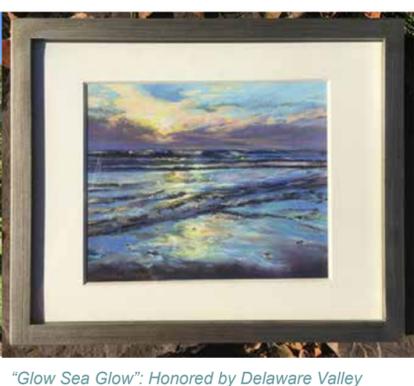
Along with unpacking, joining up with creative venues, museums, and societies has kept me busy.

Beautiful Delaware Art Museum with acres of nature paths and sculptures: **Delaware Art Museum: <https://delart.org/>**

And, joined **Winterthur**...beautiful HUGE hiking paths, mansion, library, nature programs!: **<https://www.winterthur.org/>**



The Delaware Art Museum, walk paths and sculpture garden.



“Glow Sea Glow”: Honored by Delaware Valley Art League Jury, First Place!

Finding great artist communities here, am now a full associate member of the Delaware Valley Art League, and just was juried in to a show, winning first place with my pastel: “Glow Sea Glow”! So grateful, heart filled thanks.

## WHO, HOW, WHAT?

### Happy Thanksgiving to you all!

My main reason for sending “Speak” now, is to wish you all a warm and wonderful Thanksgiving gathering, day, feast, sharing season. I have so many things to be thankful for, esp. for you and your love of fur folks.

### MY SPARK OF JOY GIFT TO YOU!

**My gratitude for you is to offer you a remote communication now for \$30.00 discount: \$180.00**

**You must sign up for a read with me by Dec 11th. EMAIL ME, AND I WILL SEND A SPECIAL DISCOUNT LINK I AM SETTING UP IN PAY PAL!!! THERE IS NO DISCOUNT ON SITE STORE.**



Hop into the Chinese Lunar 2023 New Year of the Rabbit with my zoom workshop.

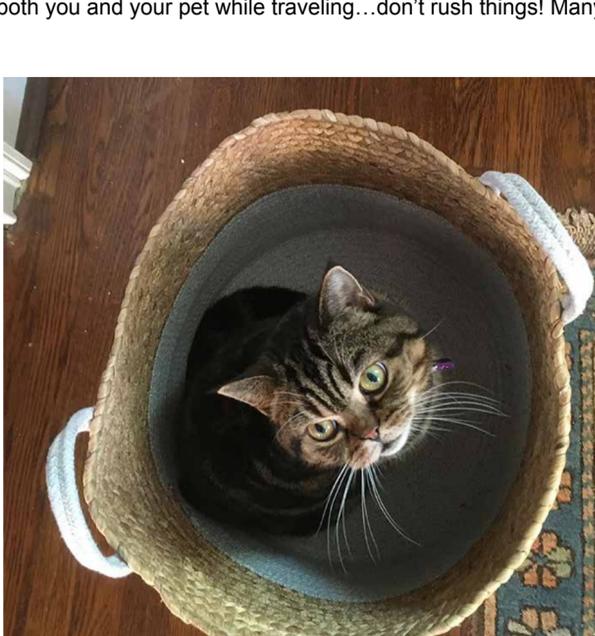
### SAVE THE DATE: 2023 YEAR OF THE RABBIT CHINESE NEW YEAR WORKSHOP: SUNDAY, JAN 29

It’s already time to think about getting your energy going, feng shui tips, lucky items, important info to welcome in the Lunar New Year of the Rabbit. A much more “calm” forecast of a year following this powerful year of the Tiger. Stay tuned for my annual zoom class details.

### Cat Auto Travel tips...good for any pet!

#### Overall Tips for cat (or any animal) car trips:

1. At least a month prior to traveling, reserve your pet friendly hotels / lodging. Cats are tougher to find good rooms for, dogs are more acceptable. **Ask if the room has a bathroom or room you can close the door for their bed, box, space. Under the bed is impossible to get kitties out from. Make sure you KNOW the extra fees charged per cat or dog.** Here’s a beginning...be sure to CALL and talk with the desk clerk for details in each hotel. **<https://www.petswelcome.com/pet-friendly-hotels/chains>**
2. Get your cat used to travel in a car prior to leaving, reserve runs are great! Be sure to get a vet checkup...be sure to CALL and talk with the desk clerk for details in each hotel. I love **Rabbitgoo Cat Harness**...comfy for both cats! **<https://www.rabbitgoo.com/products/rabbitgoo-adjustable-cat-harness-and-leash-set>**
3. Use a drop of Rescue Remedy on nose ½ hour prior to moving into car. (Along with continuous soothing music!)
4. Get a soft “pod” that anchors in the back seat area...zipper windows for seeing out and “petting / treats”. For dogs, a secure crate, harness, car seat. Something you can transport into your lodging easily with cats safe inside pod. I bought a great pod from Amazon called: **Pet Fit For Life Large (32"x19"x19")**, **Collapsible/Portable Cat Cage/Condo Plus Bonus Cat Feather Toy and Collapsible Water/Food Bowl: <https://petfitforlife.com/products/cat-tent>**
5. Here is a good article about cat auto carrier: **<https://betterwithcats.net/8-best-cat-carrier-for-car-travel/>**
6. Must have: Collar and ID tag even if your pet is chipped! Soft Harness worn at all times (keep this tight, they wiggle out easily!), with leash attached during move in and out of hotel. I love **Rabbitgoo Cat Harness**...comfy for both cats! **<https://www.rabbitgoo.com/products/rabbitgoo-adjustable-cat-harness-and-leash-set>**
7. Collapsible water and kitty litter trays. Lightweight is best! And, a nice comfy sheet and soft towel to put in hotel bathtub so pets can “nest”, be comfy, feel safe.
8. Lots of portable treats, fresh bottled water, for both of you. Determination, courage, and taking care of both you and your pet while traveling...don’t rush things! Many other things, lots



Makana has found cozy new homes all over the house!

### So grateful to celebrate a warm Thanksgiving!

The year of the Tiger for me was and is a dynamic time of change, of discovery, of shift. Dedicated to both my fur loves Makana and Rumi and, grateful of their love and encouragement...could not have made this move without them and all the support from good friends. To so many of you, my Hawaiian “family”, as well as Judy, Karen, Rheta, Larry, Kaaren, Marvin, Glenda, Julie, Jean, George, Judy and Gary, and all the angels who helped and continue to watch over me and my home, hugs of Mahalo and Aloha!

### SENDING MY WISH TO YOU FOR A JOY FILLED HOLIDAY!

I hope to hear about you and your fur loves sparks of joy, change, connections, and lovely transformations!

Let’s connect: **[paula@animalhearttalk.com](mailto:paula@animalhearttalk.com)**

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