

"Just remember, the true spirit of Christmas lies in your heart."
The Polar Express

Happy holidays and warm Winter Solstice Dec. 21. Take pause, be with the folks (fur and non-fur) that hold our hearts in theirs. Heart to heart, let the season be warm. Here's my final day 7-12 of the 12 days of Christmas tips...be safe, shine bright.

EVENTS AND MY NEWS FLASHES



Day 7-12 Pet tips issue (previous showed Days 1-6 tips!). Now's the time to do deep "heart talk" with your pets and loved ones. Let your heart show you the spirit of love this holiday!

Winter is all about warm homes filled with harmony, and balance, encourage some embracing energy or "chi" with Feng Shui: *Check out Fur Shui's 2nd release: Purchase the Larger Paperback format. To purchase: Fur Shui*

WHERE?



One of the wreaths I created for community, Christ Church, Greenville DE. Fun with Kaaren at Madame Macarons, NJ!

Had such a great time crafting beautiful wreaths for the holidays, with all proceeds going to local charities. Was like a kid again in a big craft room! Thanks to Kaaren, we had a great "pink" high tea with warm lunch at Madame Macarons, (felt like Paris for a day!) Mullica Hill, NJ.

WHO, HOW, WHAT?

Continuing the 12 days of Christmas! Day 7-12 fur love tips.

Final 2023 holiday sheet sharing my 12 days of Christmas fur folk "awareness" messages. Keep an eye on those frisky fur folks, and a reminder of what is and isn't safe for the holidays and winter! Enjoy good links to winter articles, Solstice and Full Moon info!

Light Article: "Vet Issues Warning Over 'Dangerous' Christmas Lights Pets Trend": <https://bit.ly/48I67Wd>

12 days of Christmas Pet Tips

Day 7

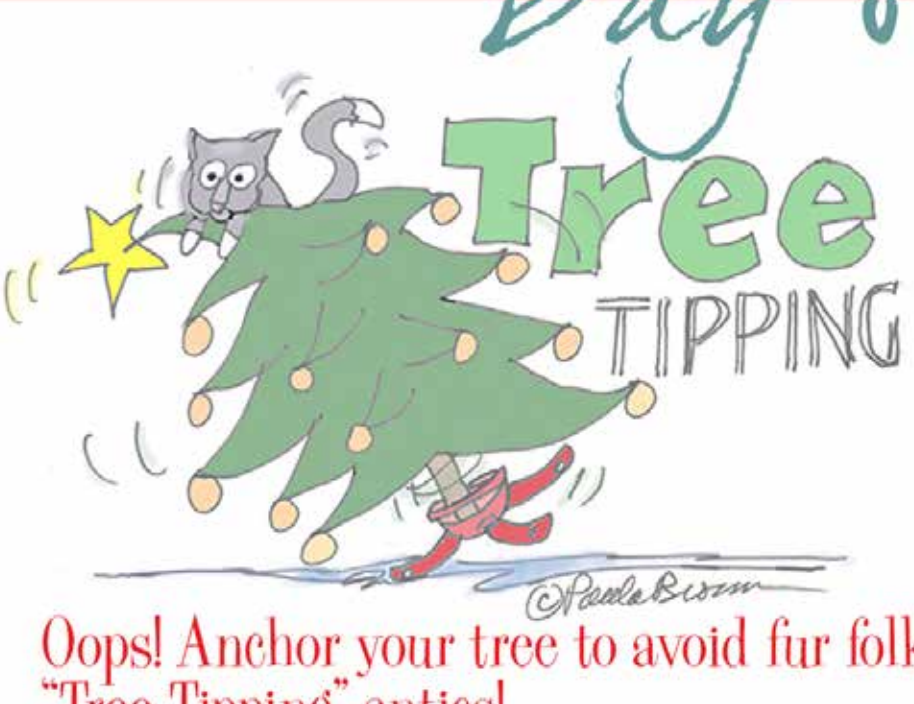


Those lights and chords can ZAP and harm if chewed. The little sparkle LEDs are swallowed obstructions!

Newsweek Article: "Are Christmas Trees Poisonous to Pets?": <https://bit.ly/48kvirT>

12 days of Christmas Pet Tips

Day 8



Oops! Anchor your tree to avoid fur folks "Tree Tipping" antics!

Huff Post "Pet Danger" Article: "11 Holiday Items That Are Secretly Dangerous For Pets": <https://bit.ly/41ohV7I>

12 days of Christmas Pet Tips

Day 9



Papers, ribbons, packing peanuts, are not digestible. Quick, stash to trash!

Pet Toy Safety guide from Friendsofthedog.com: "The Ultimate Pet Toy Safety Guide": <https://bit.ly/3RL4OJJ>

12 days of Christmas Pet Tips

Day 10

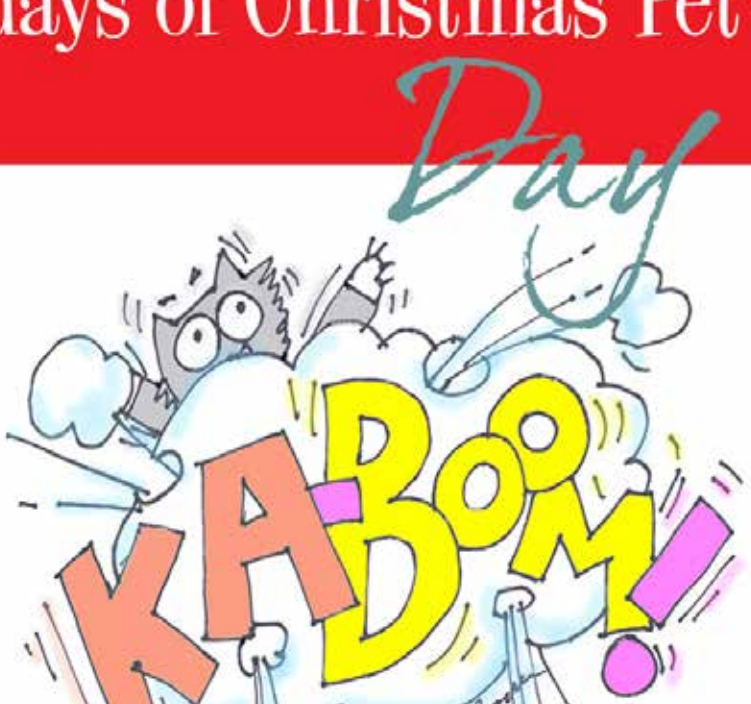


Toys are only fun when safe! No small or sharp eatable hard "google eyes" please!

Urgent Pet NOISE Article: "How To Protect Your Pet From New Year's Eve Noises": <https://bit.ly/3v1Q55j>

12 days of Christmas Pet Tips

Day 11



Holidays are filled with unfamiliar noise for our pets...keep it quiet for them!

Winter Solstice from the Lonelyplanet.com, WHERE to celebrate the shortest hours of light article: "The 7 best places to witness the winter solstice in 2023" <https://bit.ly/46JQvu6>

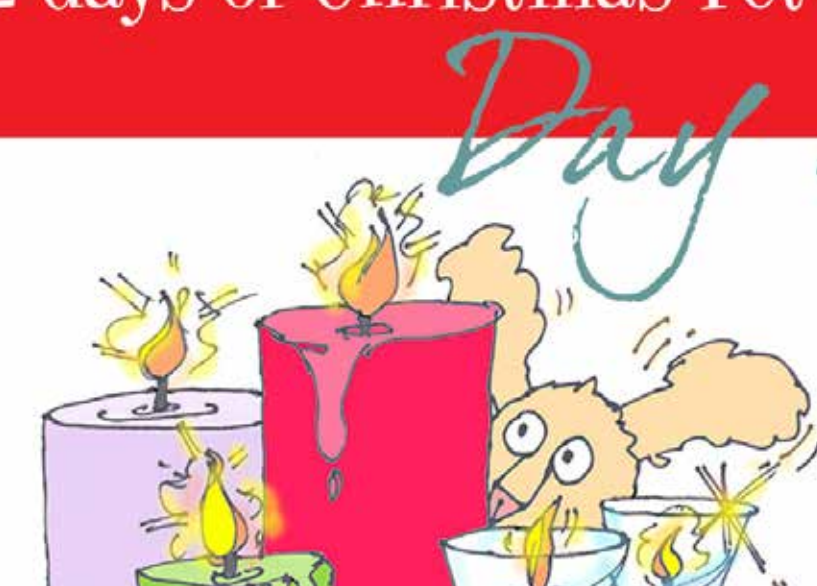
Thursday, December 21, 2023, at 10:27 P.M. EST., The first day of winter coincides with the winter solstice, which is also the shortest day of the year in terms of hours of sunlight.

"Example: "Winter solstice at Newgrange, Ireland.

Mysterious Newgrange in County Meath, Ireland, thought to have been built around 3200 BCE, draws much attention during the winter months. This circular structure was designed so that its longest passage and inner chamber are illuminated completely during sunrise on the winter solstice, leading archaeologists to believe that Newgrange may have served as a religious or ceremonial center."

12 days of Christmas Pet Tips

Day 12



Enjoy adding warm flames. Be aware of the fire danger for home and pet!

Full "Cold Moon" in Cancer December 26

Link to The Old Farmer's Almanac article: "Cold Moon: Full Moon in December 2023": <https://bit.ly/48nv1oj>

"The Cold Moon rises on Tuesday Dec 26, 2023. This means that it will appear high and full on Christmas Day!

December's full Moon is most commonly known as the Cold Moon—a Mohawk name that conveys the frigid conditions of this time of year when cold weather truly begins to grip us.

This full Moon has also been called the Long Night Moon (Mohican), as it rises during the "longest" nights of the year, near the December winter solstice."



Happy Holidays to you all. A very joy filled Holiday for you! Take a pause to honor yourself, how beautiful you are, and how your pets love you just the way you are!

I am grateful for you, your support, your truths.

WHAT'S NEXT?

February 10th marks the Chinese lunar New Year, my "new year"! Year of the Wood Dragon... and time for my annual Zoom workshop. I am a Dragon... this will be my last New Year's Zoom workshop.

Info for workshop in next Speak!

Let's connect: paula@animalhearttalk.com

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