

“One small cat changes coming home to an empty house to coming home.”
Pam Brown

Speak has returned HOME. Hoping you and fur loves are well and happy. I took a deliberate pause from my news journal to explore my fine art, complete the many hours required for my 2025 Arts Fellowship, attend the National Association of Interpretive Guides Annual Conference, and make my Forest Bathing/ journaling “official” with certification courses. Never stopped my Animal Communications, just the sending of “Speak”. I have missed you all. Now in process of revising my Animal site as well as a new look for Speak! **ONWARD to new beginnings.**

EVENTS AND MY NEWS FLASHES

WOW, what a busy and grand year for me!

Nature and its soul expression is my muse in creating my Fine Art Intent:

IN JOY: WAKING UP YOUR SOUL STORY!



Two Pastel Award Winners: Left: “Sky Light” 9x12 of after storm in Winterthur, DE. Now at the Biggs Exhibition from Maryland Pastel Society. Right: “Sunrise Sentinels” 8x10”, awarded at the Annual National juried show Shades of Pastels (Maryland Pastel Society)

2025 brought a Delaware Division of the Arts Fellowship my way, Solo Gallery Show in Wilmington, DE, and Signature Status Earned in both Philadelphia Pastel Society and Maryland Pastel Society. Along with juried into the American Pastel Society, AND, teaching position at the Delaware Art Museum with Demo requests from the Museum and the Philadelphia Pastel Society. International honor in the national show from Central Massachusetts Pastel Society, and many more shows, gallery exhibitions, and honors.

Also revised my Fine Arts Website now showing my Pet Essence Portraits and Forest Bathing sessions: www.paulabrowncreative.com

Honor your own creative well-being, enter into harmony, and balance, encourage your expression of energy or “chi” with Feng Shui: **Check out Fur Shui's 2nd release: Purchase the Larger Paperback format. To purchase: Fur Shui**

WHERE TO GROW?



OFFERING MY FENG SHUI NEW YEAR CELEBRATION ZOOM WORKSHOP FOR THE YEAR OF THE FIRE HORSE. This new year of the Fire Horse is a “1” year, new beginnings rush in with fire and power. My zoom workshop will be participation oriented so we all can benefit present moment in HOW to THRIVE IN THIS FAST PACED YEAR.

A high-energy year that rewards courage and movement. The Fire horse year is all about **ACTION and PURPOSEFUL INTENT.** My 3.5 hour zoom workshop will be spent “taking action” to create intentional environments and personal paths using Feng Shui and Easy AHA guided meditations. Ignite new confidence, fiery determination, in finding your unique stride that sets you up for a year of growth, love, and wellness.

I INVITE YOU TO MY LUNAR NEW YEAR OF THE FIRE HORSE ZOOM WORKSHOP

February 21, 2026, Saturday

12 noon-3:30PM PST / 3-6:30PM EST

- **STEP INTO THE DRIVER SEAT TO SPARK WHO YOU WANT TO BE IN THIS NEW “1” YEAR OF WISE BEGINNINGS:** Using Feng Shui, Huna (Ancient Hawaiian Teachings), easy Qi-Gung.
- **GUIDED EXERCISES & TIPS:** Amplify your intention, fuel your actions to take your next aligned step in manifesting abundance and well-being.

Live Guided “practices” plus a few Fire Horse tools:

- Discover Fire Horse colors, gems, lucky numbers that assist new growth.
- Learn easy Black Hat Feng Shui tips to power up, harmonize, you & home.
- Create your unique Feng Shui “house” map for the year of the Fire Horse.

Class requires 6 folks as minimum (limited to 15 in total), invite a friend!

Sign up by February 17, 2026 deadline to secure your spot.

Email me to join : paula@animalhearttalk.com (Write Title: “Sign me up!”)

Intentional Rate: \$80. (Invoice sent UPON SIGN UP. Pay: Venmo or Zelle)

Date: SATURDAY, February 21, 12 Noon-3:30PM Pacific / 3-6:30PM Eastern

More info about class and myself: <https://www.animalhearttalk.com/classes/>

Questions? Please zip me an email at: paula@animalhearttalk.com

Paula Brown / Heartist

Feng Shui Master / Huna Alakai / Animal Communicator

February 21 is the auspicious day celebrating Wealth!

MY GIFT FOR YOU WITH “SPEAK’S” RETURN:

SEE END OF SHEET FOR FEBRUARY SOUL PORTRAIT OFFER!

WHO, HOW, WHAT?

Some Chinese New Year Facts and Fun!

Chinese New Year of the Fire Horse Facts

GET READY, THIS IS A NEW YEAR OF “DOING FROM YOUR BEING”. An action packed whirlwind of movement of the Fire Horse using your unique intent which requires independence, courage and determination to move out of this past year of the Wood Snake’s “go within, shed the old” slower energy.

2026 in Western and Eastern number studies is a “1” year which is the mark to set new beginnings in all aspects of your life. A year of physical, mental, spiritual change.

The new year begins with the New Moon on February 17, 2026 with the Spring Festival and ending on February 5, 2027. The New Year Celebration goes from February 17 to ending on the full moon of March 3, 2026 with the Lantern Festival.

The Fire Horse Year is a double fire year. The element is Fire and the horse carries the yang Fire personality. A year that has double intensity to move into new with bold power using individual purpose and intent

Family gatherings on New Year’s Eve February 16 is the Reunion Dinner which features noodles for longevity, steamed or fried fish for abundance, dumplings shaped like gold ingots,

February 17, New Year’s Day families gather and gift children with red envelopes which contain cash or gifts. Business gifts are given later in the Spring Celebration.

My favorite moon days are the 5th which invites the Wealth God into one’s life and love, and the final full moon day of Spring Festival which is the day of joy and good luck...like Valentine’s day!

My zoom workshop is on The Wealth God day...come boost your prosperity energy with new learning and fun!

Wishing you all a very warm and loving Valentine’s day.

Unconditional love is what it is all about...that’s what our pets give us 24/7!

So important to hug your pet, gives you and them much needed grounding and well-being balance! For me, it is obvious, I am calmed by and know I calm and comfort my two fur loves Rumi and Makana. They keep me on schedule and smiling during each day.

Here’s an article about what we all know already, just a reminder from UC Davis Health: <https://bit.ly/4b8ag10>

And, I am still doing Pet Soul Portraits for folks gifting themselves and others with my gift of energy essence sketching from your photo! <https://paulabrowncreative.com/pet-soul-portraits/>

SEE SPECIAL FEBRUARY OFFER BELOW!!!



My award winning pastel “Winter Cathedral” 12x15” and me honored to give a demo for the Philadelphia Pastel Society. Both such fun!



My two fur loves Mak and red cat Rumi keeping warm this winter. SOUL Essence Portrait of Fritz the Horse.

SPECIAL FEBRUARY YEAR OF THE FIRE HORSE OFFER

One per pet owner discount for Soul Essence Portrait 8x10 size for price of 5x7 size: \$210.

Offer good only if purchased by Feb 28, 2026

Must email me for invoice / timing: paula@animalhearttalk.com

Sending you and your pets all my love and gratitude for the love you share.

Let’s connect:
paula@animalhearttalk.com



If you wish to unsubscribe, mail your request to: paula@animalhearttalk.com

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