

“Luck is believing you are lucky.”

Tennessee Williams

Happy St. Patty's Day and a lovely Easter to you. May Luck be your friend in whatever you do, and may trouble be always a stranger to you. I'm Irish, and love the inclusive energy of Ireland and its people. Love of nature, song, smiles, and long hugs. Easter comes on the early side this year, so peace, comfort, and joy to you this Easter April 5th!

EVENTS AND MY NEWS FLASHES



Honored to be in the 2026 Philadelphia Pastel Society Members show. My pastel “Winter Cathedral” won the Dakota Arts Award. Group shot from left to right: Judge for Awards: Jill Rupinski, President of PPS: Blanche Levitt, and me. Fun event, grateful for the award!

My Year of the Fire Horse Zoom Workshop was a fun fast paced session with lots of 2026 “horse” tips and purpose finding exercises. Grateful for all who attended and wishing all a “Gung Hay Fat Choy” happy and success filled 2026! Here are some words or “tip” from the workshop:

“The tip I would share is for everyone who wants to grow in their life, to meet you, learn from you, whether it is Feng Shui, supporting them with their connection with their animals, with your brilliant art, as, art heals and transforms us — or working with you on any level. You are a consummate servant-leader and teacher to help us be more authentic.” - Tah, Ojai, CA

Honor your own purpose, creative well-being, enter into harmony, and balance, encourage your expression of energy or “chi” with Feng Shui. **Check out Fur Shui's 2nd release: Purchase the Larger Paperback format. To purchase: Fur Shui**

WHERE TO GROW?



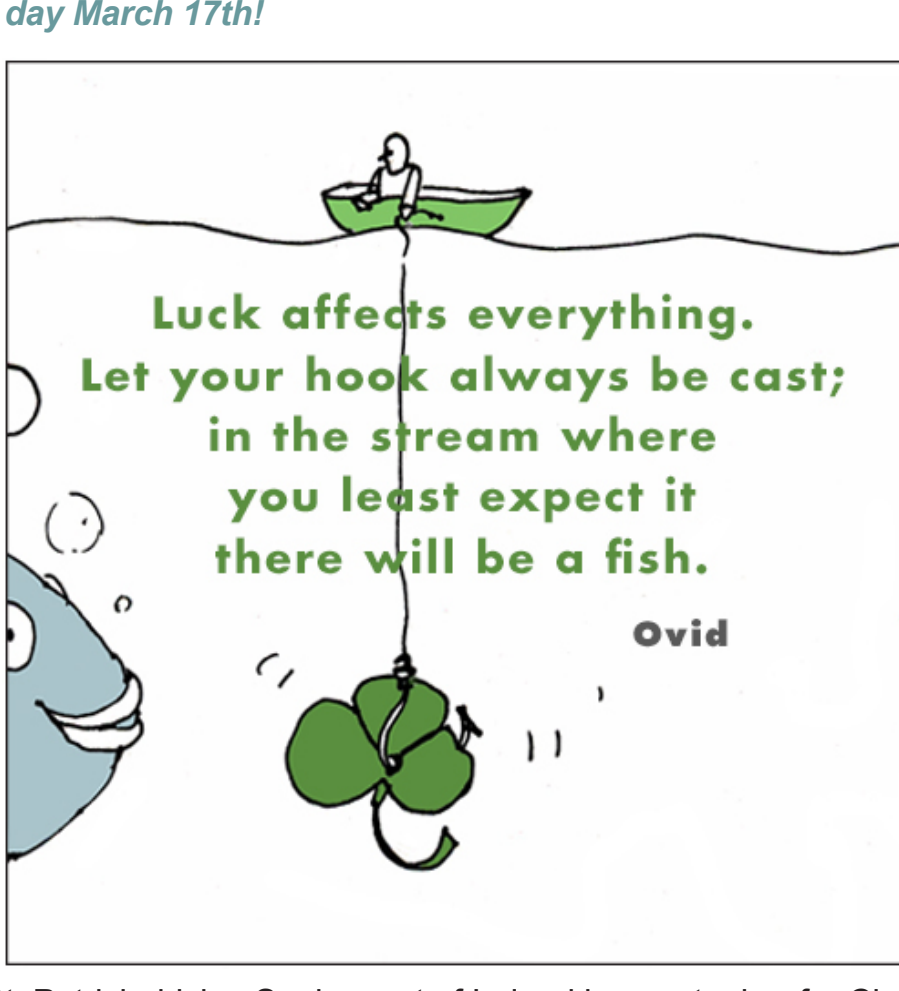
Walking in Winterthur. Thousands of snow drops are blanketing the hills celebrating Spring! We also have had tough high wind storms and many old Tulip Poplars have come down. Fallen over March Banks path!

Get out into nature, take a walk, sit, take pause and listen to what nature has to tell you. Spring has arrived as of March 20th for us in the Northern Hemisphere.

I continue to walk and hike at Winterthur Gardens. Everyday blooms change, clouds blow by, and birds claim their new nesting spots. Now is the time Winterthur is beginning to be Spring's best show. See what is blooming, come for a visit: <https://www.winterthur.org/>

WHO, HOW, WHAT?

Happy St Patty's day March 17th!



The Irish tale of St. Patrick driving Snakes out of Ireland is a metaphor for Christianity driving the Pagan “evil snakes” out of Ireland. There were no natural snakes to be had in Ireland. There is a grand legend about how he tamed a wolfhound (now Irish Wolfhounds) named Lauth, which was going to attack him...Lauth belonging to a pagan prince. Also a magical Goat tale popular in Galway and Dublin. AND the White Cow folklore tale that by chasing the thief of its calf created a double trenched path through Co. Waterford!

Read more at **National Geographic:** <https://bit.ly/40vTANU> (sign in with your email)

Animals are woven into Celtic lore. Companion animals in Irish Tales are expressions of the relationship between natural and supernatural realms! There's Tuca the shapeshifting dog and Cat Sith who is an otherworldly guide. Read more at Dakin Humane Society article: <https://bit.ly/3Nt72PF>

St Patrick's Day for Pets!

Keep an eye on your pet and keep these items away from reach of your dog (or cat): Green Beer and Irish Whiskey (alcohol poisoning is quick), Shamrock Plants (irritates the intestinal tract), Irish Soda Brea (raisons can damage kidney function), Green Foil Wrapped Chocolate Coins/treats (upset stomach and heart rate elevation). Good article:

AMC (Schwarzman Animal Medical Center): <https://bit.ly/4bsfXIT>

Have fun, be safe and happy holiday!

Spring Equinox April 20th for North Hemisphere, and Easter Sunday April 5th!



March and April are jammed packed with great new beginnings!

I wish you all a very Happy Easter Season with Spring sunshine and lovely pause to celebrate new beginnings, spirituality of your choice. Deep reverence for your soul “being” and happiness. Let's make this a safe and positive time for all.

Be aware of some Easter Hazards for your fur loves.

You know it by now, holidays have their decorations, food, and special plants. Please keep Easter Lilies and lilies out of chew reach, chocolate out of bounds, Easter fake grass is a NO, Easter decorations or small toys can kill when eaten, Special human food with sugars and high salt are deadly for our pets. Please go to this article to find and learn more!

Max's Corner: <https://bit.ly/4sxWaPX>

Be aware, be happy, be healthy, Happy Easter!

An Irish Blessing

This blessing has always been in my home, my parents', grand and great parents' homes. I am Celt, I love the land, animals, the nature both inside and out. This I give to you, the perfect Irish blessing. And of course Sliante!

May the road rise up to meet you.
 May the wind be always at your back.
 May the sun shine warm upon your face,
 And the rains fall soft upon your fields.
 And, until we meet again,
 May God hold you in the hollow of His hand.



Mak the cat wants to go to Ireland, he wishes you Cheers and good Health! (He is my blessing!)

Sending you and your pets all my love and gratitude for the love you share.

Let's connect: paula@animalhearttalk.com



If you wish to unsubscribe, mail your request to: paula@animalhearttalk.com

All information only used (©) in this sheet.